



Our Programmes:

Improving Outcomes for Complex Needs



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Learning Outline:

Understanding & Working with Child Neglect



The impact of neglect can be far reaching for the child or young person, from developmental delay to exposure to child sexual exploitation or serious medical issues. An estimated 1 in 10 children experiencing neglect (Radford et al, 2011) it is vital that staff have are able to identify, intervene and safeguard children and young people where neglect may be an issue.

Utilising DfE (2014), NSPCC (2015) Children's Society (2016) and Nice Guidance (2017), this one-day programme aims to support social workers to develop the knowledge and skills needed to effectively assess and support children who may be living in situations of neglect – This includes the complexities of cumulative neglect over a period of time and emotional neglect that can be difficult to work with and/or evidence.

Specific national or local neglect tools such as the graded care profile can be included on request.

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- Be able to recognise the risk indicators of neglect, and recognise the signs of neglect.
- Understand the impact of cumulative harm, particularly in relation to early indicators of neglect.
- Explain the concept of good enough parenting within the historical, cultural, political and social dimensions of parental abuse and neglect.
- Understand that normative developmental tasks are different for each child depending on the interaction between environmental and genetic factors and be able to assess if neglect is a relevant factor.
- Apply a range of helpful strategies and resources to support children and families where there are difficulties relating to neglectful parenting.
- An awareness of the risks attached to 'start again' syndrome and the ability to recognise and address drift and delay
- Understanding when strategies are not working, and escalation and alternative care needs to be considered.

Learning Outline:

Working with Parental Substance Use/Hidden Harm



Substance and alcohol use are prevalent factors in many concerns regarding children's welfare. This training will improve delegates understanding of substance use and the potential impacts it may have on parenting capacity and children's welfare.

The course looks at improving delegates knowledge of substances and how to assess the impacts and risks to the child, by specifically looking at the impact on both the parenting capacity and the child's welfare.

This course explores how to engage and offer intervention to families to reduce harm. The course will briefly explore the impact of substance use on other factors such as domestic abuse, mental health, physical health and social functioning and how this may impact on the assessment of risk.

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- Understand what Hidden Harm means.
- Understand the Hidden Harm stressors and how they are related.
- Recognise signs and symptoms of hidden harm.
- Understand the Impact on children.
- Understand the Impact on parents / carers.
- Be able to risk – assess hidden harm effectively and decide what level of intervention is needed.
- Understanding Crisis Theory and its impact on families.
- Provide a range strategies for engagement and assessment that can be used with families and children where Hidden Harm is identified.
- Understand options for onward referral and possible interventions available.

Learning Outline:

Understanding & Responding to Child Trafficking



This one-day course about trafficking, exploitation, and modern slavery is aimed at enabling practitioners to understand this complex area of practice and recognise and act upon any concerns they may have.

The course explores the Modern Day Slavery Act and legislation for combatting child sexual exploitation and child criminal exploitation.

Local templates and expectations will be embedded in the programme where required and appropriate.

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- Understanding what trafficking, exploitation and modern slavery is and what the situation is currently in the UK.
- Understanding of current legislation that can protect children from trafficking, including the Modern Slavery Act, Forced Marriages Act and Sexual Offences Act.
- Understand how Children's Services respond to a suspected case of child trafficking.
- Understanding the core practice issues in identifying and protecting children who may have been trafficked and/or exploited.
- Understand how to respond to suspicions of trafficking, the National referral mechanism and the role of the competent authorities.
- Understanding of the needs and risks of trafficked children including care planning and risk assessment within a multi agency framework.

Learning Outline:

Advanced Skills in Working with Child Sexual Exploitation



This session is designed to support Children's Social Care to feel confident in working with families where CSE is a factor. Some foundation knowledge has been assumed in order to focus on the deeper understanding, knowledge and skills needed to be able to work effectively with both young people and their parents/carers and supporting professionals.

The course will explore the current context for CSE across the UK, refreshing delegates' knowledge on grooming models, law and safeguarding responsibilities and links to areas such as attachment and trauma.

The course will explore all elements of supporting young people and their carers/families and support network where CSE is present, including the process of criminal investigations and children who may have to give evidence in court.

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- Understanding the current CSE context across the U.K.
- Refresh understanding of grooming models, how to manage risk assessment vs supporting young people to make disclosures.
- Understand the short and long-term impact of CSE on young people and how to support families affected by CSE.
- Understand and be able to respond to victim responses to CSE.
- Understanding of CSE perpetrators and how to recognise signs of CSE.
- Explore the law, safeguarding processes and criminal justice response to CSE.
- Knowledge of how to support young people before, during and after disclosure of CSE helping them to understand outcomes and decisions made
- Understanding of therapeutic and other interventions before trial



Learning Outline:

Working with Young People with Autism & Asperger's Syndrome

This one-day programme looks at the impact Autistic spectrum disorders (ASD) have on young people and their social interactions, and the impact this can have on both the persons presentation and the complexity of the interactions they have with others.

The course looks at understanding the wide range of presentations on the spectrum and how this also needs exploring within the context of the child or young person as an individual, not only through the lens of their diagnosis.

This course focuses on increasing delegates awareness of Autism but also considers the impact on parenting/carers capacity and the support they need.

The course also looks at the additional safeguarding considerations that may be needed when supporting children and their families where one or more of the children has an ASD disorder

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- To raise participant awareness of Autism and Asperger's syndrome.
- To develop an understanding of Autistic Spectrum Disorders and the impact on life and learning and explore the effects on mental health and well-being.
- To explore common behaviours, presentations and social exclusion issues associated with Autism and Asperger's
- To increase awareness of how equality and diversity and Human Rights issues might apply and explore anti-discriminatory practice issues.
- To consider the support children, siblings, parents and carers may need,
- To consider how to factor the learning in, when considering safeguarding.

Learning Outline:

Understanding Attachment in Children's Social Care



This 1-day programme is aimed at workers who deliver frontline services to children, families and carers, exploring how understanding attachment, poor care, separation and loss is relevant to assessing need, care-planning and supporting both children and families using a whole family approach.

This course explains how attachments form and develop in both children and adults and how it impacts on all elements of their lives including communication, help-seeking, forming new relationships and managing social settings.

The course explores how to support children with attachment needs in order to help them learn to self-regulate, reduce the negative impacts and manage their needs more successfully.

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- Increased knowledge of attachment theory and the impacts of attachment difficulties for both children and adults.
- Understand how to assess a child's attachment needs and the relationship between the attachment difficulties and both their emotional responses and physical behaviours.
- Confidence in being able to provide effective support / parenting and/or care to children experiencing these issues.
- Confidence to support children and young people to understand and manage their emotional responses in both the short and long term.
- Awareness of how to explore ways of promoting a child's identity, self-esteem and resilience.

Learning Outline:

Understanding & Working with Attachment, Bereavement and Loss



This 3-day programme is aimed at workers who deliver frontline services to children, families and carers exploring how understanding Attachment, Separation, Bereavement and Loss is relevant to assessing need, care-planning and supporting both children and families using a whole family approach.

These issues are often at the heart of children and young people presenting a risk to themselves or others, struggling to build healthy relationships or to meet their full potential in other areas of life – working with these areas is a critical skill for achieving better outcomes.

The first day focuses on understanding how attachment works, the second day explores how children and young people experience Separation, Bereavement and Loss and the final day looks at strategies for supporting children, their families and their carers through these challenging issues.

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- Knowledge of attachment theory in children and adults.
- Understand the impact of broken or disrupted attachments on child development including sibling attachment.
- Understand of how to assess a child's and/or adults attachment needs.
- An understanding on how a child's behaviour can be affected by separation and loss
- Confidence in being able to help children cope with bereavement, separation and loss so that they can be assisted in 'moving forward'
- Awareness of how to explore ways of promoting a child's identity and self esteem
- Knowledge and skills in supporting foster carers to Parent children experiencing the impact of attachment issues, bereavement or loss.

Learning Outline:

Trauma-Informed Systemic Practice with Care Leavers



There is increasing awareness that a significant proportion of Young People Leaving Care are suffering from the effects of trauma, as a result of experiencing neglect, abuse, exploitation, separation and loss. The effects of trauma can range from poor resilience to complex mental health issues which can impact significantly on their life chances in respect of employment, education, relationships and well-being. For workers in the field an understanding of the impact of trauma, on a service users' presentation, behaviour and potential recovery journey, is vital.

Understanding Trauma from a Systemic Perspective can help workers to understand how Trauma impacts on a Young Adults ability to interact with their peers, family and professionals and enables practitioners to maximise their use of systemic practice to enable young people to feel safe and to engage with services successfully by using Trauma-informed approaches to empower young people to utilise their strengths and feel in control of their choices.

Learning Outcomes:

This course will provide participants with the following learning outcomes – an increased understanding of:

- The impact of trauma on an individual's emotional and social health and well-being.
- What constitutes trauma and how ACES, Social Grraaccess and life scripts may further compound trauma for Care Leavers.
- How hypothesising and professional curiosity can help professionals to recognise and respond to trauma.
- How to use Trauma-Informed approaches to enable a Young Person to cope with & manage their trauma to ensure it is not a barrier to engaging with services and support.
- Why trauma can increase risky behaviours and how to support Young People to manage their own risks, utilising the concept of Safe Uncertainty (Mason 1993).
- An opportunity to critically reflect on own practice and identify developments that supports a trauma-informed approach.



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IF CAN'T FIND WHAT YOU'RE LOOKING FOR?

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