



Our Programmes:

Domestic Abuse



Last Updated: September 2021



Domestic Abuse: Contents



1. [Domestic Abuse Recognition & Response](#)
2. [Working with Domestic Violence in a Safeguarding Children Context](#)
3. [Working with Parents as Perpetrators & the Whole Family to Improve Outcomes](#)
4. [Assessing Risk & Working Positively with Children & Parents in Domestic Abuse Situations](#)
5. [Young People, Intimate Partner & Family Abuse](#)
6. [If you cant find what you're looking for...](#)

Learning Outline:

Domestic Abuse, Recognition and Response



This one-day programme will explore the dynamics of domestic abuse, considering different forms of abuse, the role of power, control and coercion in interpersonal relationships and the risks and protective factors associated with abusive relationships. Learning from serious case reviews and research-evidence will be considered, and the experience of both victim and perpetrator will be considered.

The session will include an overview of the latest legal framework designed to protect victims experiencing domestic abuse and support participants to consider how to assess the impact of domestic abuse on the parenting capacity of both parents, the risks to the child, and whether this can or cannot be safely worked with or managed.

The course also explores the challenges of working with domestic abuse during the pandemic when many risks are unseen and additional pressures may escalate abuse.

Local information can be included on request.

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- An understanding of the dynamics and the role of power and control in domestic abuse, the impact on the victim, and familiarity with some of the key models/theories associated with power, control and coercion in interpersonal relationships.
- An understanding of the law in relation to Domestic Abuse.
- An awareness of the key models / theories underpinning responses to domestic abuse.
- Awareness of family dynamics and the impact of these on risk and relationships within the family.
- Understand how to provide a supportive environment for disclosure
- Increase confidence in how to respond to a disclosure.

Learning Outline:

Working with Domestic Abuse in a Safeguarding Children Context



This one-day programme is designed as an overview course for children's services in the practicalities, legalities and dilemma's of working with Domestic Abuse. It is expected that delegates will already have a basic awareness of what constitutes Domestic Abuse and how it impacts on families.

This course explores assessing, understanding and managing risk where domestic abuse is an issue, working with parents and children, with complex family dynamics, with the aim of reducing risk; including how to safeguard children (and parents where appropriate), using both the law and the DASH and DOM5 tools.

This course will look at the impact of coercion, control and trauma on families and how this can impact on the ability of a parent to protect themselves and their children.

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- A refresher of Domestic Abuse Legislation including the Domestic Abuse Bill 2020 and the new UK definition of 'Domestic Abuse'
- The opportunity for social workers to understand and address their own perceptions around domestic abuse and how this may impact on practice.
- Awareness of the use of DASH and DOM5 tools and MARAC in practice and how these can inform the assessment and planning process.
- Understand how to assess the impact on parenting by domestic abuse – looking at both the perpetrator parent and the victim parent and the impact on the child.
- Understand and increase confidence in the assessment and management of risk in complex family situations – looking at a range of strategies.

Learning Outline:

Working with Parents as Perpetrators & the Whole Family to Improve Outcomes



This two-day programme is an advanced level for children and family practitioners working with domestic abuse and assumes basic domestic abuse awareness. This course explores how parenting capacity for both parents is affected by domestic abuse and how to assess if, when and how to work with parents who perpetrate domestic abuse.

Delegates will be supported to analyse the risk a perpetrator poses to their partner/ex-partner or children. Delegate will explore how to engage and assess parents and family members without colluding and ensuring the non-abusing parent and children are protected.

Approaches such as motivational interviewing, solution focused approaches, restorative practice, family group conferencing, systemic strategies and building resilience and protective factors are all explored.

The course also clearly identifies when it is not safe to work with the perpetrator whilst they are still having contact with the current/previous partner and children and how to respond when interventions have not been successful.

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- Understanding of the evidence-base and approaches for intervening in families where the parent is the perpetrator of domestic abuse.
- Understand how parenting capacity is impacted by domestic abuse, the impact on the children and how to assess if working with the perpetrator is appropriate or not – including effective risk assessment, risk management & safety planning.
- Interventions for working with the perpetrator and the family including MI, CBT, Restorative Practice, Family Group Therapy, Individual and Individual Counselling.
- Interventions for the family including direct work with children, building resilience, protective factors and safety planning.
- Responding when interventions with a perpetrator are inappropriate or unsuccessful and how to keep families safe.

Learning Outline:

Assessing Risk & Working Positively with Children & Parents in Domestic Abuse Situations



This two-day programme is designed as an advanced level for children's services workforce and assumes basic domestic abuse awareness. This course will provide the opportunity to refresh and reflect on domestic abuse legislation and best practice in responding.

Delegates are supported to explore the impact of domestic abuse on non-perpetrating parents and how they can be effectively supported in situations where they may be experiencing fear and powerlessness.

Delegates are supported to assess the risk and impact on the child(ren) and to analyse this in order to guide interventions to safeguard effectively.

Learning from serious case reviews are utilised to identify key areas of risk and how to respond – including co-morbidities with other areas of need.

Learning Outcomes:

This course will provide participants with the following learning outcomes:

- Understanding of the impacts of domestic violence on families and children including an outline around myths and stereotypes relating to perpetrators, victims and children.
- Explore own values and bias when working with domestic abuse.
- Understand and increase confidence in the assessment and management of risk in complex family situations including co-morbidities such as substance use or mental health
- Refreshed understanding of the law for responding to domestic abuse.
- Learning from SCR's and translating it into practice.
- Strategies for working with non-perpetrating parents/survivors of domestic abuse to build their parenting capacity and ability to meet their own needs and that of their child(ren).
- Strategies for supporting children who have experienced domestic abuse.

Learning Outline:

Young People, Intimate Partner & Family Abuse



There is a growing recognition that domestic abuse occurs in young people's relationship and this is now recognised in the 2020 Domestic Abuse Bill. This course will explore what is currently known about intimate partner abuse within young people's relationships and supports participants to increase their understanding and awareness and confidence to respond. The course also considers young people who are parents and how the domestic abuse may be a risk to both the young parents and their child and how all the children involved may be children in need or at risk of significant harm.

Young People can also become abusive towards their parents, carers or siblings, particularly where there have been childhood family issues. This course explores how to reduce abusive child-family relationships, promote safe and healthy communication and equip children, young people and their families to reduce abuse and build positive relationships.

Learning Outcomes:

This course will provide participants with the following learning outcomes – to understand:

- The nature of domestic abuse between young people, including young people as parents and the additional vulnerability that this poses to their infants – including learning from SCR's.
- Common attitudes held by young people towards domestic abuse and how to work with this.
- why it is difficult for young people or carers to disclose.
- To explore ways in which to engage with young perpetrators to increase the likelihood of change and promote alternative ways of communicating, coping and responding to emotional or physical stressors.
- To understand the importance of risk assessment and safety planning, including the young person's DASH.
- To how to support family members being abused by a child to seek help.



We specialise in developing training and learning programmes based on the requirements of our customers, and the knowledge and skills of our crew.

IF CAN'T FIND WHAT YOU'RE LOOKING FOR?

We are always happy to discuss bespoke programme development.

Contact us to find out more crew@dcc-i.co.uk